CLAIMS

I claim:

- 1. A body stroking apparatus comprising:
 - a housing having a channel extending longitudinally therealong;
- an arm extending outwardly from said housing through said channel and vertically upwardly therefrom;
 - a crossbar extending outwardly transversely to said arm;
- a plurality of flexible members affixed to said crossbar and extending downwardly therefrom; and
 - translation means connected to said housing for moving said arm along said channel.
- 2. The apparatus of Claim 1, said arm comprising a L-shaped member having a lower portion extending outwardly through said channel.
 - 3. The apparatus of Claim 2, said arm further comprising:
 - a receptacle formed at a top of said L-shaped member; and
- a rod detachably received in said top of said L-shaped member and extending upwardly therefrom.
 - 4. The apparatus of Claim 3, said crossbar being affixed to said rod.
 - 5. The apparatus of Claim 4, said crossbar comprising a clamp secured to said rod, said

clamp for adjusting a height of said crossbar along said rod.

- 6. The apparatus of Claim 1, said crossbar having a hook-and-loop material affixed to an exterior surface thereof, said plurality of flexible members having a surface with a strip of complementary hook-and-loop material secured to said hook-and-loop material of said crossbar.
- 7. The apparatus of Claim 1, said plurality of flexible members comprising:

 a plurality of flexible strips extending downwardly from said crossbar in generally parallel relationship to each other.
 - 8. The apparatus of Claim 1, said plurality of flexible members comprising: a plurality of beaded lines extending downwardly from said crossbar.
 - The apparatus of Claim 1, said plurality of flexible members comprising:
 a plurality of flexible strands extending downwardly from said crossbar.
- 10. The apparatus of Claim 1, said plurality of flexible members extending downwardly from said crossbar for a distance less than a vertical length of said arm.

11. The apparatus of Claim 1, further comprising:

a mat with a surface suitable for receiving a human body thereon, said mat positioned adjacent a side of said housing, said crossbar extending over a top of said mat.

12. The apparatus of Claim 1, said translation means for moving said arm back and forth from one end of said channel to another end of said channel.

13. A body stroking apparatus comprising:

a housing having a generally flat surface;

an arm extending outwardly from said housing and upwardly therefrom;

a crossbar affixed to said arm and extending outwardly therefrom;

a plurality of flexible members affixed to said crossbar and extending downwardly

therefrom; and

a translation means connected to said housing for moving said arm along a length of said housing.

- 14. The apparatus of Claim 13, said housing having a channel extending longitudinally therealong, said arm extending through said channel, said translation means for moving said arm back and forth in said channel.
- 15. The apparatus of Claim 13, said crossbar extending outwardly from a side of said arm opposite said housing.

16. The apparatus of Claim 13, further comprising:

a mat with a surface suitable for receiving a human body thereon, said mat positioned adjacent a side of said housing, said crossbar extending over a top of said mat.

- 17. The apparatus of Claim 13, said crossbar comprising a clamp secured to said arm, said clamp for adjusting a height of said crossbar along a vertical portion of said arm.
- 18. The apparatus of Claim 13, said crossbar having a hook-and-loop material affixed to an exterior surface thereof, said plurality of flexible members having a surface with a strip of complementary hook-and-loop material secured to said hook-and-loop material of said crossbar.
- 19. The apparatus of Claim 13, said plurality of flexible members extending downwardly from said crossbar for a distance less than a vertical length of said arm.
- 20. The apparatus of Claim 14, said arm comprising a L-shaped member having a lower portion extending outwardly through said channel.